



CORPORATE MASSAGE EQUIPMENT

Don't underestimate how hard Corporate seated massage can be, especially if you don't have the right equipment....

Before you commit to a job, you need to find out the expectations of the workplace. Most corporate work involves a 10 minute seated massage either in a separate area using a Seated massage chair or a chair like a visitors chair, or a short 5-10 minute session at the persons work station.

Some things to consider when purchasing seated massage equipment:

- How heavy is it?
- How compact does it fold up too?
- Does it have a wheeled bag (this makes life so much easier but may be an issue if you have a small car.
- How adjustable is it? You need easy height adjustment as well as a face crest that adjusts through multiple planes (eg height and tilt). If the face crest does not have a tilt option, massaging the neck is very difficult.
- What is the working weight? You should be looking for something with a working weight of at least 150kg.
- Generally aluminium frames will be lighter than wooden or iron framed models.



If a massage chair is not an option, consider a desk headrest.



This has a quick set up and is super portable.
Can be used on any desk or table top
Allows client to relax their neck and shoulders.

The disadvantage is that you need an appropriate chair for the client to sit on. Office chairs with a high back or on wheels are far from ideal.

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